

Special Olympics of Illinois 2025

June 20th, 21st, 22nd

ISU Dining Halls - Bone Student Center & The Marketplace at Linkins Dining Center Venue Lunch Service – Bagged Avanti's delivered to specific venues

**** Buffets to be full-service****

- **Friday Lunch (ISU Dining Halls) – 10:30am – 1:30pm**
 - Turkey and cheddar sandwich on whole grain bread with lettuce and tomatoes
 - Assorted baked chips
 - Apples, bananas and fresh strawberries
 - Fresh baked whole grain chocolate chip cookies
 - Salad bar
 - Lettuce mix, grape tomatoes, croutons, cucumbers, shredded carrots, shredded cheddar, ranch, fat free Italian, and French dressing
 - Iced tea, water and sugar free lemonade
- **Friday Venue Lunch Delivery (Artistic Gymnastics) – 10:30am – 1:30pm**
 - Avanti's Gondola Sandwich (Salami, Ham & Cheese) sandwich on whole wheat bread
 - Fruit
 - Plain Potato Chips
 - Bottled Water
- **Friday Dinner (ISU Dining Halls) – 4:30pm – 7:30pm**
 - Cheesy tortellini lasagna bake
 - Steamed green beans
 - Whole grain breadsticks
 - Apples and bananas, Strawberries (leftover from lunch)
 - Banana split cake – (Please cut into small pieces.)
 - Salad bar
 - Lettuce mix, grape tomatoes, croutons, cucumbers, shredded carrots, shredded cheddar, ranch, fat free Italian, and French dressing
 - Iced tea, water, sugar free lemonade, coffee, decaf coffee
- **Saturday Breakfast (ISU Dining Halls) – 6:30am – 8:30am**
 - Scrambled eggs
 - Turkey bacon
 - Beyond meat sausage patties and vegan egg scramble
 - Breakfast potatoes
 - Apples, bananas, Pineapple
 - (2) Whole grain dry cereals
 - Whole grain blueberry muffins
 - Orange juice, milk, regular coffee, decaf coffee, water

- **Saturday Lunch (ISU Dining Halls) – 10:30am – 1:30pm**
 - Ham & Swiss sandwich on whole grain bread with lettuce and tomato
 - Assorted baked chips
 - Apples, Bananas, Pineapple (leftover from breakfast)
 - Salad bar
 - Lettuce mix, grape tomatoes, croutons, cucumbers, shredded carrots, shredded cheddar, ranch, fat free Italian, and French dressing
 - Fresh baked whole grain carnival cookies
 - Iced tea, water and sugar free lemonade

- **Saturday Venue Lunch Delivery (Artistic Gymnastics, Rhythmic Gymnastics, Swimming & Powerlifting) – 10:30am – 1:30pm**
 - Avanti's Gondola Sandwich (Salami, Ham & Cheese) sandwich on whole wheat bread
 - Fruit
 - Plain Potato Chips
 - Bottled Water

- **Saturday Dinner (ISU Dining Halls) 4:30pm – 7:00pm**
 - Breaded chicken breast
 - Mashed potatoes and gravy
 - Steamed corn
 - Whole grain dinner rolls with butter and margarine
 - Apples Bananas, and Watermelon
 - Salad bar
 - Lettuce mix, grape tomatoes, croutons, cucumbers, shredded carrots, shredded cheddar, ranch, fat free Italian, and French dressing
 - Confetti cake
 - Iced tea, water and sugar free lemonade

- **Sunday Breakfast (ISU Dining Halls) – 6:30am – 8:30am**
 - Scrambled eggs
 - Beyond meat sausage patties and vegan egg scramble
 - Biscuits and sausage gravy
 - (2) Whole grain dry cereals
 - Apples, Bananas and leftover fruit from the weekend
 - Whole grain cinnamon rolls
 - Orange juice, milk, regular coffee, decaf coffee, water

- **Sunday Venue Lunch Delivery (Rhythmic Gymnastics & Powerlifting) – 10:30am – 1:30pm**
 - Avanti's Gondola Sandwich (Salami, Ham & Cheese) sandwich on whole wheat bread
 - Fruit
 - Plain Potato Chips
 - Bottled Water

**Note: Gluten Free and vegetarian/vegan menu options are available at each meal.